

FOOD POLICY

RATIONALE

At St Margaret's School, students eat regularly throughout the school day. In an effort to be more health and safety conscious, and to ensure the wellbeing of students, eating arrangements need to be managed appropriately.

AIMS

- To encourage good food eating habits in our school environment.
- To maintain good health and hygiene of students
- To limit potential dangers of exposure to life threatening food allergies

IMPLEMENTATION

- Due to issues relating to anaphylaxis, allergies, diabetes etc. students are not to swap food with others, and are not to be provided with food from other parents.
- Parents are discouraged from providing nuts or nut products to their children for any reason, due to the serious risk nuts pose for students with nut allergies.
- Parents should be respectful of students with allergies by adhering to school notifications.
- To support parents in their child's food and lifestyle choices, no food should be provided from outside sources unless authorised by the Principal or Duty Principal.
- Students are able to eat brain food and drink water during classes.
- Students are to eat morning tea and lunch in the classroom during designated eating times.
- Students are not permitted to wander around the school eating food at recess or lunch times.
- If for any reason, students do not finish eating their food in the classroom, they are required to finish eating in a designated outside quiet area, supervised by a teacher, or take the food home.
- Rubbish bins will be placed in each classroom and in designated outside quiet area.
- The P & F will sell only foods consistent with the school's recommended food list. Parents are encouraged not to supply take away food for their children.
- The school curriculum will include benefits of healthy foods, exercise and a healthy lifestyle.

EVALUATION:

This policy will be reviewed as part of the school's four-year review cycle.

Dated 15 November 2019

Review: Nov 2023
